

# SKY DEVELOPMENT TRAINING

SKY training takes a targeted approach to teach the fundamentals and mechanics of your position. We have numerous coaches who specialize in different positions and sports, as well as many options available for your athlete to benefit from. Please see below for our Skill Development and Sports Performance Options.

## SKILL DEVELOPMENT

IMPROVE FUNDAMENTALS, MECHANICS, AND OVERALL KNOWLEDGE

<b>Director Private</b>	\$90
<b>Private</b>	\$80
<b>Semi Private/ Group</b>	\$60
<b>Softball 30 Minute Private</b>	\$45
<b>Sports Performance</b>	\$40

## PACKAGES

\*\*ALL PACKAGES EXPIRE 1 MONTH AFTER FIRST USE\*\*



### **Elite Training Package - 10 PACK \$400**

Athlete gets 10 sessions total between Sports Performance training and Skill Development training. The athlete must use at least 4 from either program.

### **Semi Private/ Group Rate**

2+ with coach

### **TruePrivate**

1 on 1 with coach

### **Softball**

30 minute sessions

### **Sports Performance**

Strength, speed and jump training

4 PACK - \$220

8 PACK - \$460

4 PACK - \$320

8 PACK - \$600

4 PACK - \$160

8 PACK - \$310

12 PACK - \$460

4 PACK - \$140

8 PACK - \$280

12 PACK - \$400